

## DESCRIBING A DAY

### In This Unit

- Reading: Read about daily routines
- Writing: Describe your daily routine and the routines of other people
- Language: Phrases of time; Telling the time; Adverbs of frequency - *always, usually, sometimes, never*; Using *then*
- Vocabulary: Verbs of action - *go, study, leave, do, drive, etc.*; Transport; Meals; Places of work
- Punctuation: Capital letters

### A READING

1a Read this passage about Fatima's day. Then complete the exercise on the next page.

Fatima is a computer programmer at an IT company in Oman. Every morning she gets up early and makes breakfast for the family. She leaves home at seven o'clock and takes a taxi to her office. She starts work at seven thirty. At a quarter past ten she has a break. She always has a cup of tea and a sandwich in the canteen at this time. At two o'clock she finishes work. She arrives home at about half past two and has lunch with the family. Fatima doesn't go out in the evening. She usually stays at home and reads or watches television.



- 1 How many sentences are there? 10
- 2 Underline the verbs. There are 15 verbs.
- 3 One verb is different. Write it here. doesn't go
- 4 The other verbs are the same. They all end in the letter s.

1b Now answer these questions.

- 1 What time does Fatima leave home?  
She leaves home at 7am.
- 2 When does she start work?  
She starts work at 7.30.
- 3 At what time does she have a break?  
She has a break at 10.15.
- 4 When does she have lunch?  
She has lunch at 2.30.

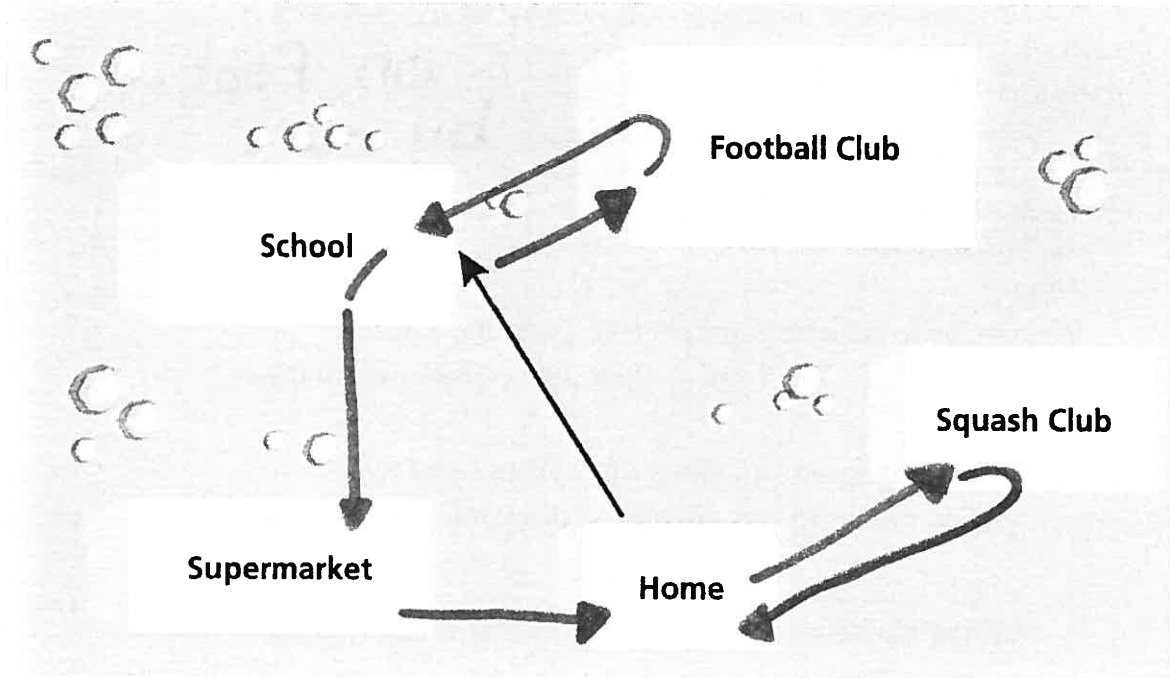
2a Read this passage. Mohammed Yousef is writing about his day.

I **play** football for one of the famous clubs in Qatar. I **am** very keen on all sports. Every day I **get up** before half past five and I **go** for a run. Then I **have** a shower and at a quarter past seven I **have** breakfast with my family. I **leave** home at ten to eight and I **take** my son to school. From the school I **go** to my club. I **train** hard at the club for about four hours. On the way home I **collect** my son from school and then I sometimes **go** to the supermarket. We **arrive** home at about two o'clock and we **have** lunch about half an hour later. After lunch I **have** a rest and then in the evening I **play** squash with my brother and some friends at a club near my flat. I **return** home at a quarter to nine and **have** dinner. I never **stay** up late. I usually **go** to bed before eleven o'clock.



Underline all the verbs. There are \_\_\_\_\_ verbs.  
These verbs do not end in s.

2b Now complete the map with arrows (→) to show where Mohammed goes.



2c Complete the table below with information about Mohammed.

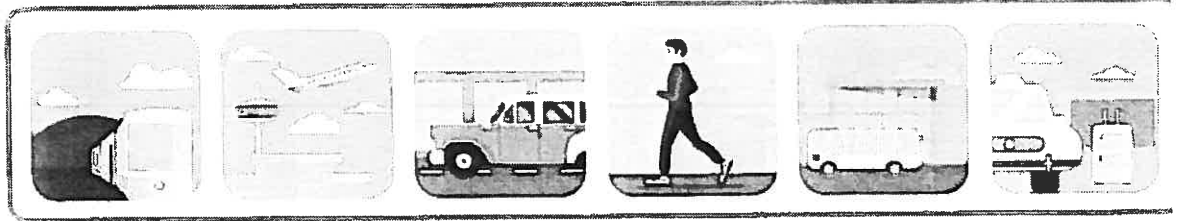
	Time
gets up	5.30 a.m.
has breakfast	7.15 a.m.
leaves home	7.50 a.m.
arrives home	2.00 p.m.
has lunch	2.30 p.m.
has dinner	8.45 p.m.
goes to bed	11.00 p.m.

Language

Transport

We can travel by car, by taxi, by bus, by plane, by boat, by bicycle, by train or on foot.

3 Answer these questions about transport.



- 1 How does Fatima go to school? by taxi.
- 2 How does Mohammed get to his club? on foot.
- 3 How do you travel to school/work? by car.

Language

Time

We can write time in numbers (for example, 1.30)  
or in words (half past one or one thirty).

Note: a.m. means in the morning (before midday)  
p.m. means in the afternoon or evening (after midday)

4 Write these times in words like the examples.

- |            |  |
|------------|--|
| 6.30       | <i>half past six (or six thirty)</i>       |
| 10.15      | <i>a quarter past ten (or ten fifteen)</i> |
| 9.00       | _____                                      |
| 3.45       | _____                                      |
| 2.30       | _____                                      |
| 12.15      | _____                                      |
| 7.10       | _____                                      |
| 11.50      | _____                                      |
| 4.20 a.m.  | _____                                      |
| 10.05 p.m. | _____                                      |

